

	<p align="center"><b>State Wrestling Committee</b></p> <table border="0"> <tr> <td>Buddy Lloyd, Chair</td> <td>Bill Shedaker</td> </tr> <tr> <td>Pete Parlett</td> <td>Steve Lex, Ind. Coaches</td> </tr> <tr> <td>Ron Eby</td> <td>Chris Mattioni, Hen. Coaches</td> </tr> <tr> <td>Joe Loboizzo</td> <td>Vic Leonard, Blue Hen Coaches</td> </tr> <tr> <td>John Rusnak</td> <td>Jeff Hewes</td> </tr> <tr> <td>Matt Bivins</td> <td>Marvin Dooley</td> </tr> <tr> <td>Reese Rigby</td> <td>Robert Watson, Jr</td> </tr> <tr> <td>Joe Archangelo</td> <td>DIAA Board, Ex Officio</td> </tr> <tr> <td>Russ Neal</td> <td>Donna Polk DIAA Exec. Dir</td> </tr> </table>	Buddy Lloyd, Chair	Bill Shedaker	Pete Parlett	Steve Lex, Ind. Coaches	Ron Eby	Chris Mattioni, Hen. Coaches	Joe Loboizzo	Vic Leonard, Blue Hen Coaches	John Rusnak	Jeff Hewes	Matt Bivins	Marvin Dooley	Reese Rigby	Robert Watson, Jr	Joe Archangelo	DIAA Board, Ex Officio	Russ Neal	Donna Polk DIAA Exec. Dir	
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**67<sup>TH</sup> DIAA INDIVIDUAL STATE WRESTLING CHAMPIONSHIP  
CAPE HENLOPEN HIGH SCHOOL**

**SESSION ONE – FRIDAY, MARCH 3, 2023**

1. Weigh-In/Admission Set Up
  - SWC Set up weigh-in area by 1:30
  - Teams arrive 2:00 p.m. (no earlier)
2. Weigh-in held in the weight room at 2:30 p.m.
  - Weigh-ins conducted in order of weight class starting with 106.
  - Wrestlers must present when their weight class is called.
  - Wrestlers failing to make weight on first attempt may step on all other scales one time prior to the conclusion of that weight class.
  - A committee member will stamp the wrestler's hand for admission.
  - Coaches are to turn in Skin Check form verified by school's ATC. Coaches must present doctor's notes for skin conditions to the Tournament Director prior to weigh-ins. Wrestlers must pass a skin check.
3. Coaches Meeting 3:15 p.m. in auditorium.
4. Welcome and National Anthem 3:55 p.m.
5. Round 1 Preliminaries 4:00 p.m. 5 mats
6. Round 2 Quarter Finals ~7:00 p.m. 3 mats
7. Round 2 First Round Consolation ~7:00 p.m. 2 mats

**SESSION TWO – SATURDAY, MARCH 4, 2023**

1. Teams arrive on-site 8:30 a.m. (no earlier)
  2. Mandatory weigh-ins 8:45 a.m.
  3. Arriving team personnel check-in with committee members at weigh-in area to have hand stamped for admission. Eliminated wrestlers must check in with the team in order to receive the complimentary admission.
  4. Coaches Meeting immediately after weigh-ins per DWCA (site TBA)
  5. Round 3 Consolation 2<sup>nd</sup> Round 10:00 a.m. (11:00) 4 mats (2)  
     Championship Semi-finals 11:00 a.m. 2 mats
  6. Announce starting weight class for finals at the conclusion of the semi-finals
  7. Round 4 Quarter Consolation @ conclusion of Rd 3 4 mats
  8. Round 5 Semi-final Consolations @ conclusion of Rd 4 4 mats
  9. Matches for 7<sup>th</sup> and 8<sup>th</sup> places Prior to the Afternoon Break
- \*Return biographical sketches to head table prior to start of Round 6

### SESSION THREE – SATURDAY, MARCH 4, 2023

1. Round 6 Fifth Place 5:00 p.m. 2 mats
2. Round 7 Third Place @ conclusion of 5<sup>th</sup> place 2 mats
3. Break Reconfigure gym and set up for Parade of Champions
4. Parade of Champions 6:55 p.m.
5. National Anthem 7:00 p.m.
6. Championship Finals 7:05 p.m. 1 mat
  - Weight Class to start finals will be drawn. The weight class drawn will be announced immediately following the championship semi-finals.
  - Medals for each weight class will be presented throughout the finals and at the conclusion of every other weight classes' bout. Top six finishers must be present, in uniform, **no caps or hats**.
7. Presentation of the Outstanding Wrestler Award- immediately after the final bout
8. Photographs: All champions and the Outstanding Wrestler must remain for photographs at the conclusion of the final bout. Wrestlers must remain in uniform, **no caps or hats**.



**REFUEL**  
**with chocolate**  
**MILK**